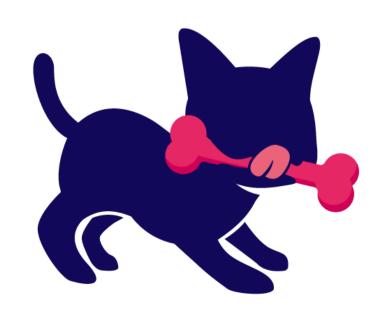
Daily Arousal Protocol Dogs need SLEEP Adults 16-18 hours/day Puppies and Geriatric Dogs 18-20 hours/day

Active/High Arousal/Exercise 10-15% of awake time approx 1 hour/day

Mid/Low Arousal/Thinking Activities 35-40% of awake time 2 hours/day



No/Low Arousal/Rest 50% of awake time 3 hours/day

Brilliant Partners Academy